



# 2010-11 YOUTH SPORTS GUIDE



Published by the White Bear Lake Area Schools  
Community Services & Recreation Department

**THIS GUIDE** - This is a general information guide on the sports opportunities available to youth in the White Bear Lake Area School District. Questions about specific information, try-out dates, and seasons should be directed to the contacts below. Information about Recreational, High School, and Middle School sports is distributed through brochures in the schools.

**PHYSICAL EXAMINATIONS** - Athletic physical examinations are required for all sports listed on this sheet as High School sports and Middle School sports. Physical examination forms for High School and Middle School sports must be turned in to the school's nurse and are generally good for two years.

**OPEN GYM TIME** – All White Bear Lake Area School District residents are welcome to come to Open Gym. During the school year, South Campus and Oneka Elementary have open basketball while North Campus and Oneka Elementary have open volleyball time. Positive photo identification is required to participate. Stop by the Open gym site or check on-line for up-dated skip dates. [www.whitebear.k12.mn.us/community/opengyms.htm](http://www.whitebear.k12.mn.us/community/opengyms.htm)

## Who to Contact

For **Recreational & Instructional sports including T Ball** contact the White Bear Lake Area Schools Community Services & Recreation Department, 4855 Bloom Avenue.

General Information	Community Services & Recreation Department	(651) 407-7501
Recreational Youth Sports	Jeff Stottlemeyer - Community Services Coord.	(651) 407-7506
T-Ball & Tennis	Jon Anderson - Facility & Program Coord.	(651) 407-7508
Monday Night Skiing and Snowboarding	Richard Chakolis - Community Services Coord.	(651) 407-7544

For **High School Sports** contact the school's Athletic Office.

South Campus Athletic Office	Karen Larson – Athletic Secretary	(651) 773-6206
North Campus Athletic Office	Nancy Muckala – Athletic Secretary	(651) 653-2933

For **Middle School Sports** contact the school's Athletic Secretary.

Central Middle School	Nancy Nash – Athletic Secretary	(651) 653-2758
Sunrise Park Middle School	Elizabeth Boleen - Athletic Secretary	(651) 653-2706
Middle School Athletic Dir.	Jeff Stottlemeyer - Community Services Coord.	(651) 407-7506

For **Vadnais Park & Recreation Sports** contact Vadnais Heights Park & Recreation Department, Vadnais Heights City Hall, 800 East County Road E.

Vadnais Park & Recreation		(651) 204-6000
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<b>Organization</b>	<b>Contact</b>	<b>Phone / Website</b>
Baseball Association	Mark Prokosch	(612)805-9246 <a href="http://www.whitebearbaseball.com">www.whitebearbaseball.com</a>
Baseball - Legion	Jeff Wagner	(651) 253-8306
Baseball – Legion	Joe Janitschke	(651) 429-7289
Baseball - VFW	Ryan Fitzpatrick	(651) 653-9972
Basketball - Association	David Kanipes – President	(651) 334-9078 <a href="http://www.whitebearbasketball.com">www.whitebearbasketball.com</a>
Cheerleading	Heather Leaf	(651) 773-6206
Bowling Club	Joe Mason	(651) 239-5389 <b>E-mail address:</b> <a href="mailto:wblhsbowling@yahoo.com">wblhsbowling@yahoo.com</a>
Football – Association	Lyle Hoff – President	(651) 387-2084 <a href="http://www.wbyouthfootball.org">www.wbyouthfootball.org</a>
Gymnastics - FLIPS	Lori Roskoski - President FLIPS Gymnastics	(651) 777-4776 <a href="http://www.flipsgym.com">www.flipsgym.com</a>
Hockey - Association	Todd Meier - President	(651) 403-3895 <a href="http://www.wblhockey.com">www.wblhockey.com</a>
Lacrosse (Boys & Girls)	Chris Lawless – President	(952) 381-2932 <a href="http://www.wblax.com">www.wblax.com</a>
Soccer - Club	David Scheer – President	(651) 653-6576 <a href="http://www.whitebearsoccer.org">www.whitebearsoccer.org</a>
Softball - Fastpitch Association	Don Barger – President	(612) 432-9467 <a href="http://www.wbafsa.com">www.wbafsa.com</a>
Speedskating	Roseville Parks & Recreation Dept.	(651) 792-7007 <a href="http://www.rosevillespeedskating.org">www.rosevillespeedskating.org</a>
Ultimate (Frisbee)	Jeff Hagen	(651) 341-9448 <a href="http://wblultimate.org">wblultimate.org</a>
Volleyball - White Bear Assoc.	Dan Frey	(651) 483-8179 <a href="http://www.whitebearvolleyball.org">www.whitebearvolleyball.org</a>
Waterskiing	Tina Lobin - President Bald Eagle Water Ski Club	(651) 653-8871
	Midwest Ski Otters Ski Club – Melissa Loughlin	(612) 239-0145 <a href="http://www.skiotter.com">www.skiotter.com</a>
Wrestling - Club	Russ Lawrence - White Bear Wrestling Club	(651) 253-6429

## Facilities

Hippodrome Skating Arena	Jon Anderson - Facilities & Program Coordinator	(651) 407-7508
Hippodrome Office		(651) 653-2699
North East YMCA		(651) 777-8103
Ramsey County Arena		(651) 748-2515
White Bear Area Public Schools Facility Reservation Line		(651) 407-7503
White Bear Armory		(651) 429-8571
White Bear Sports Center		(651) 429-8571
Tamarack Nature Center - Hiking, Cross Country Skiing, Snow Shoeing Etc.		(651) 407-5350

Season	Sport - Organization	Grade	K	1	2	3	4	5	6	7	8	9	10	11	12	
<b>Fall</b>	Cheerleading - High School (651) 773-6206															
	Cheerleading – Middle School (651) 407-7507															
	Cross Country – Middle School (651) 407-7506															
	Cross Country - High School (651) 773-6206															
	Flag Football – Vadnais Park & Rec. (651) 204-6000 & NE YMCA (651) 777-8103															
	Football – Association (651) 387-2084															
	Football - Middle School (651) 407-7506															
	Football - High School (651) 773-6206															
	Soccer – Recreational (651) 407-7506															
	Soccer - Vadnais Park & Rec. (651) 204-6000															
	Soccer – Club (651) 653-6576															
	Soccer - High School (651) 773-6206															
	Adapted Soccer - High School (651) 773-6206															
	Girls Swim & Diving – High School (651) 773-6206															
	Girls Tennis - Middle School (651) 407-7506															
	Girls Tennis - High School (651) 773-6206															
	Girls Volleyball – Middle School (651) 407-7506															
	Girls Volleyball - High School (651) 773-6206															
	<b>Winter</b>	Basketball – Instructional Clinic (651) 407-7506														
		Basketball – Recreational (651) 407-7506														
Basketball - Vadnais Park & Rec. (651) 204-6000																
Basketball – Association (651) 470-2663																
Basketball - High School (651) 773-6206																
Floor Hockey – Vadnais Park & Rec. (651) 204-6000																
Adapted Floor Hockey - High School (651) 773-6206																





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Spring	Ultimate Frisbee (651) 341-9448															
Summer	Baseball - Instructional & T Ball (651) 407-7508															
	Baseball - T Ball Vadnais Park & Rec. (651) 204-6000															
	Baseball – Recreational (651) 407-7506															
	Baseball – White Bear Baseball Assoc. (612)805-9246															
	Baseball – Legion (651) 253-8306															
	Lacrosse (651) 481-9490 www.wblax.com															
	Soccer - Vadnais Park & Rec. (651) 204-6000															
	Girls Softball – Recreational (651) 407-7506															
	Softball – Fastpitch Association (651) 653-5199 www.wbafsa.com															
	Tennis - Instructional (651) 407-7508															
	Soccer – Club (651) 653-6576															
	Waterskiing – Bald Eagle Club (651) 653-8871															
	Waterskiing – Ski Otters Club (612)239-3391															
	All Year	Boxing - W.B.L. Boxing (651) 731-6126 – Gary Goodman														
		Gymnastics - FLIPS (651) 777-4776														
Skating Lessons - W.B. Sport Center (651) 429-8572																

**PLEASE NOTE:** Grades for summer sports are based upon the school year that the children **finished**. Check with the organization for any additional age requirements. This guide does not include sports camps. Check the Community Services & Recreation brochure for sports camp information (available in March). If you are aware of any changes or corrections to any of the above information please contact the Community Services & Recreation Department at (651) 407-7501.

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