

# YOUTH ENRICHMENT



## Jam Time

### Grades 3-5

Jam Time is designed to teach students the fundamentals of the guitar. Those skills include proper technique, reading notation, learning scales, and learning chords to play through songs.

Music is designed to let kids express themselves and Jam Time can do just that! Come Rock-Out!

Bring your guitar acoustic or electric. Bring amp for electric guitars.

*Jared Epstein*

2555.200 4 sessions Tu  
Jan 24-Feb 21 6:15-7 pm  
No class Feb 7 \$49  
Oneka 2606

Jam Time Recital Feb 28

2555.201 4 sessions Tu  
Jan 24-Feb 21 7:15-8 pm  
No class Feb 7 \$49  
Oneka 2606

Jam Time Recital Feb 28



## Funjoyment

### Youth with Asperger's Syndrome & High-Functioning Autism

White Bear Lake Area Community Services is excited to work with neighboring schools and local experts to bring FunJoyment groups to our community.

FunJoyment is a social enjoyment experience for teens and young adults with Asperger's Syndrome or high-functioning Autism. It provides enjoyable age appropriate social experiences for young people in a safe, structured environment.

FunJoyment will be staffed by three trained staff persons and will be limited to ten participants per group. It will take place at the in-school apartment at White Bear Lake South Campus.

More information and enrollment materials are available through IEP case managers at White Bear Lake and Mounds View middle and secondary schools. Please contact your case worker for more information and to register.

*Jeff Holmes, ASD certified, will direct these sessions of FunJoyment. John Merges, LICSW, the developer of the concept, will act as a consultant and will occasionally participate in the group. Contact Jeff at 651-247-4482, or jeffholmes1804@comcast.net.*

2999.200 10 sessions Tu  
Jan 3-Mar 27 6-7:30 pm  
\$220  
South Campus Apartment  
No class Feb 7, Mar 6, 20



# YOUTH ENRICHMENT

## Mad Science

### Grades 1-5

Get Techno-Crazy with Mad Science this winter! Experience the basic forces that make technology possible: use Newton's laws to make things move, convert potential energy into kinetic energy, and leverage simple machines to do your work.

Explore the world of future technology as you set up a cellular tower relay to track your friends, program and command real robots, harness the power of the sun's heat, and make light from a liquid.

Continue your techno-crazed exploration on your own with your Inertia Kit, Catapult, Drag Racer, Optical Fibers, Mechano-Hand, Crank'n Shine Flashlight, and Black Light Writer.

2000.200 7 sessions Fri  
Feb 3-Mar 30 3:45-4:45 pm  
\$95 Lincoln 101  
No class Mar 2, 23

2000.201 7 sessions Wed  
Feb 1-Mar 14 3:45-4:45 pm  
\$95 Matoska 203

2000.202 7 sessions Tu  
Jan 31-Mar 27 3:45-4:45 pm  
\$95 Oneka 2406  
No class Feb 7, Mar 20

2000.203 7 sessions Fri  
Feb 3-Mar 30 3:45-4:45 pm  
\$95 Otter 108  
No class Mar 2, 23

2000.204 7 sessions Thu  
Feb 2-Mar 29 3:45-4:45 pm  
\$95 Vadnais 207  
No class Mar 1, 22

2000.205 7 sessions Mon  
Jan 30-Apr 2 3:45-4:45 pm  
\$95 Willow 207  
No class Feb 20, Mar 5, 19

### Grades K-1

2000.206 7 sessions Tu  
Jan 31-Mar 27 3:45-4:45 pm  
\$95 Hugo 1208  
No class Feb 7, Mar 20

## Watch Me Draw

### Grades K-5

Watch Me Draw! is a proven program that inspires kids to create, express and learn through the dynamic world of DRAWING! These skill-building lessons incorporate fun and creativity into every class! Because nothing makes a child more confident than measurable, tangible success, our students will bring home a beautiful masterpiece each week incorporating new skills and techniques. Watch Me Draw! curriculum uses a variety of subject matter, style and media. Providing each child with a progressive art-enriched experience.

2777.200 6 sessions Mon  
Jan 30-Mar 26 3:45-4:45 pm  
\$69 Birch 104  
No class Feb 20, Mar 5, 19

2777.201 6 sessions Tu  
Feb 14-Mar 27 3:45-4:45 pm  
\$69 Matoska 103  
No class Mar 20

2777.202 6 sessions Wed  
Feb 8-Mar 14 3:45-4:45 pm  
\$69 Lakeaires 104

2777.203 6 sessions Thu  
Feb 2-Mar 15 3:45-4:45 pm  
\$69 Lincoln 111  
No class Mar 1

2777.204 6 sessions Mon  
Jan 30-Mar 26 3:45-4:45 pm  
\$69 Oneka 1406  
No class Feb 20, Mar 5, 19

2777.205 6 sessions Tu  
Feb 14-Mar 27 3:45-4:45 pm  
\$69 Otter 114  
No class Mar 20

2777.206 6 sessions Wed  
Feb 8-Mar 14 3:45-4:45 pm  
\$69 Vadnais 207

2777.207 6 sessions Thu  
Feb 2-Mar 15 3:45-4:45 pm  
\$69 Willow 207  
No class Mar 1

2777.208 6 sessions Thu  
Feb 2-Mar 15 3:45-4:45 pm  
\$69 Hugo 1208  
No class Mar 1

# YOUTH ENRICHMENT



## Video Game Theatre!

To sign up , call Lakeshore Players Theater at 651-426-3275

So you don't think Mario, Luigi, Pac-Man or Yoshi have any connection with theatre?... Don't bet your extra life on it! Playstation, X-Box and Wii games wouldn't exist without classic theatrical influences. Video games contain many of the same ageless themes and storylines that originated in literature and the stage. Join us as we incorporate storytelling, art projects and maybe a controller or two in a mythical adventure that will get you of the couch and into a world of infinite possibilities. You will even have an opportunity to pen mini plays based on your favorite video game characters. Rated "E" for everyone!

Wed	Mar 28-Apr 25
\$65	Lakeshore

## Paper-Cut-Out Video Animation

**Ages 6-13**

Do you have an idea for a movie? This class will stretch your imagination! Children will produce animations using flat characters, props and backgrounds cut from construction paper. Learn how to create, storyboard, and animate your own characters. The kids will provide voice overs and their characters will come to life by using the art of stop-motion animation. All projects will be professionally edited and DVD copies will be presented to every child in the class.

2555.202	6 sessions	Wed
	Feb 1-Mar 7	3:45-4:45 pm
	\$70	Otter 114

## Futura

Vamos a viajar y Vamos a explorer.... In ¡Vamos a viajar! (Let's Travel), students "travel" to Central America on planes, trains and automobiles, learning key travel and transportation phrases in Spanish. The students will learn useful, practical Spanish to prepare them for the Real World. Grab your "passport" and get ready to travel with us! ¡Vámonos!

2888.200	8 sessions	Wed
	Jan 25-Mar 14	3:45-4:45 pm
	\$115	Lincoln 101

2888.201	8 sessions	Tu
	Jan 26-Mar 29	3:45-4:45 pm
	\$115	Vadnais Media
	No class Mar 1, 22	

## Extreme Lego: Gears Grades K-5

Build your very own merry-go-round, windmill and much more! Each day student's build a new LEGO project and use that project to investigate basic engineering concepts including: gearing up, gearing down, gear ratio and more. Explore gears and how they make the world go. Get in gear, sign up today! Please visit [www.youthenrichmentleague.com](http://www.youthenrichmentleague.com) for more details.

2222.200	4 sessions	Mon
	Jan 30-Feb 27	3:45-4:45 pm
	\$45	Birch 108
	No class Feb 20	

2222.201	4 sessions	Tu
	Jan 24-Feb 21	3:45-4:45 pm
	\$45	Lakeaires Media
	No class Feb 7	

2222.202	4 sessions	Tu
	Feb 28-Mar 27	3:45-4:45 pm
	\$45	Lincoln 101
	No class Mar 20	

2222.203	4 sessions	Wed
	Jan 25-Feb 15	3:45-4:45 pm
	\$45	Matoska Media



# YOUTH ENRICHMENT

## Lakeshore Players Acting Classes

To sign up, call Lakeshore Players Theater at 651-426-3275



### Intro to Acting

#### Grades 3-5

Learn the basics of the stage while we come to your school! You will concentrate on make believe, improvisation, pantomime and how to act like a caveman, pioneer, robot, wizard, pirate, dinosaur and more! This is a class for those who have never acted before or old pros!

#### Otter

Mon Jan 30-Mar 12  
3:45-4:45 pm  
No class Mar 20, Apr 5  
\$65 Elem Media Center

#### Vadnais

Mon Mar 26-Apr 30  
3:45-4:45 pm  
No class Apr 9  
\$65 Elem Media Center

#### Willow

Wed Mar 28-Apr 25  
8-9 am  
\$65 Elem Media Center

### Wizards Unite!

Gandalf, Harry, Dumbledore, Merlin... You get the picture. But then again, you probably have already foreseen these events. Learn how to conjure spells with the best of them and make your very own wand out of Dragon heartstrings or a phoenix feather! Muggles and squibs are welcome too!

Wed Jan 18-Feb 15  
\$65 Lakeshore

### NEW Acting for Success

#### Grades 6-12

### Acting #3:

#### From page to stage!

By exploring small group scenes, students will find out how to pull apart text and find the meaning within. The techniques learned in this class will translate directly into being a better actor, but you may also start to make connections to everyday literacy as well.

Mon Jan 30- Mar 5  
6:30-8pm No class Feb 20  
\$65 North 108

Tu Jan 17-Feb 21  
6:30-8pm No class Feb 7  
\$65 South Theater

### Acting #4: The big one.

This session will combine all of the skills previously covered--including character, conflict, and text--in order to produce a short play. Newcomers and actors from other programs are also welcome to apply.

Tu Mar 13-Apr 30  
6:30-8pm North 108  
\$65  
No class Mar 19, Apr 9

Tu Mar 27-Apr 24  
6:30-8pm South Theater  
\$65

# YOUTH ENRICHMENT

## White Bear Dance Center



Community Services and Recreation is pleased to be offering recreational dance and movement classes in cooperation with White Bear Dance Center.

The White Bear Dance Center is located at 2462 County Road F in White Bear Lake. With a wide variety of talented and diverse instructors, WBDC offers amazing classes to explore the art of movement for all ages.

If your class choice requires tap or ballet shoes, please contact WBDC and they will provide you with detailed information on obtaining the appropriate shoes. [WhiteBearDanceCenter.com](http://WhiteBearDanceCenter.com) for more information about the facility and staff.

### Tiny Steps

#### Ages 2-4

This class is designed to introduce children to the basics of movement and music. Dancers will be introduced to dance at its most fundamental level incorporating fun music and activities. Classes will promote socialization, coordination, listening skills, creativity, and imagination. Dancers will be encouraged to express themselves and their ideas through movement.

2144.203 6 sessions Wed  
Feb 8-Mar 14 6-6:30 pm  
\$40 WB Dance Center

### Princess Ballet

#### Ages 3-5

Encourage your Princess or Prince to learn the basics of ballet in this royal atmosphere! Young dancers will learn the basic positions, technique, and vocabulary associated with the art of ballet at the beginner level. Dancers need ballet shoes and are encouraged to wear tutus, tiaras, and crowns!

2144.204 6 sessions Wed  
Feb 8-Mar 14 6:30-7 pm  
\$40 WB Dance Center

### Wee-Hop

#### Ages 5-8

Hip Hop classes are popular at all ages, but especially for younger dancers! This is an introductory class to the dance style "Hip Hop" with a combination of street dance, isolations, floor work, and rhythm. Musical selections focus on age appropriate ideas and positive music!

2144.205 6 sessions Wed  
Feb 8-Mar 14 7-7:30 pm  
\$40 WB Dance Center

### Yo-Yo Yoga

Yoga is a great way to keep children fit and active. It helps reduce anxiety, tension headaches, and nervous stomachaches. Classes will combine yoga poses and play, moving energy through the body as we calm the mind. Children will explore their natural flexibility and become stronger through yoga practice. Instructor:

*Katie Nicholson*

### Grades 3-5

2556.200 4 sessions Mon  
Jan 30 - Feb 27 4:20-5:20 pm  
\$30 Central Cafeteria  
No class Feb 20

### Grades 6-12

2556.201 4 sessions Mon  
Jan 30 - Feb 27 3:15-4:15 pm  
\$30 Central Cafeteria  
No class Feb 20

# YOUTH ENRICHMENT



## Youth Safety Awareness & Self-Defense

This is not your ordinary karate class! This program is designed to enhance self-esteem, safety awareness and self-discipline, and promotes self-defense and responsibility rather than trophies and aggressiveness. Students can progress from white up to yellow belt or higher by continuing in the program.

Students should wear comfortable clothing. Uniforms are optional and available at the class for \$30.

The registration fee includes all necessary materials, a belt test and attendance at an annual karate camp. For questions about class content call Champion Youth at (763) 427-0208.

Depending on enrollment returning and advanced classes will be conducted together. In this case the last fifteen minutes of the class will be devoted to advanced instruction.

## Archery

The White Bear Lake Community Services and Recreation Department is sponsoring a National Archery in the Schools (NASP) Archery Club. This club is available to GIRLS and BOYS for local competition in three divisions: elementary, middle school, and high school. In addition, students from schools that offer the NASP in physical education classes at the school building they attend will be eligible for State and National Tournament Competition.

Check out [www.whitebeararchery.org](http://www.whitebeararchery.org) for more information.

## Fencing

### Ages 8-100

Whatever you are looking for in the sport of fencing there is something for everyone! Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. All participants are encouraged to have fun no matter what their ability. Fencers need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes. All equipment is provided.

2444.201 6 sessions Sat  
Jan 14- Feb 18 1-2 pm  
\$75 Central Gym A

### Family Fencing

2444.202 6 sessions Sat  
Feb 25-Apr 7 1-2 pm  
\$75 Central Gym A  
No class Mar 24

### K-3

2333.204 7 sessions Mon  
Feb 6-Apr 2 6-6:40 pm  
\$35 Central Gym B  
No class Feb 20, Mar 19

### Returning All Ages

2333.205 7 sessions Mon  
Feb 6-Apr 2 6-:50-7:30 pm  
\$35 Central Gym B  
No class Feb 20, Mar 19

### Returning Advanced

2333.206 7 sessions Mon  
Feb 6-Apr 2 7:40-8:20 pm  
\$35 Central Gym B  
No class Feb 20, Mar 19

### Grades 4-8

2333.207 7 sessions Mon  
Feb 6-Apr 2 8:30-9:10 pm  
\$35 Central Gym B  
No class Feb 20, Mar 19

# YOUTH ENRICHMENT



## Abrakadoodle

### Grades K-5

In winter art camp we will create a funny mouse, learn to draw a tiger and then learn some cool chalk techniques to complete our drawing. We'll create a landscape using torn paper and experiment with cloisonné, learn to draw 3-D shapes and more. Come have some fun this winter and put your imagination to work!

### Winter Art Camp!

- 2131.200 7 sessions Mon  
Jan 30-April 2 3:45-4:45 pm  
\$90 Matoska 103  
No class Feb 20, Mar 5, 19
- 2131.201 7 sessions Tu  
Jan 24-Mar 6 3:45-4:45 pm  
\$90 Lincoln 111  
No class Apr 7

## Abrakadoodle

### Grades K-5

Stars Wars 2: More art from galaxy and beyond! In this fun new Star Wars camp we'll explore more of the galaxy. We'll learn to draw R2D2 and Chewy. We'll recreate the land Luke Skywalker came from with chalk pastels and sand. We'll sculpt and design our own starship, create a treasure box in which to hide secret messages. We'll make light sabers and more. We'll develop artistic skills through fun art activities.

- 2131.202 7 sessions Wed  
Jan 25-Mar 7 3:45-4:45pm  
\$90 Oneka 1406
- 2131.203 7 sessions Thu  
Jan 26-Mar 15 3:45-4:45 pm  
\$90 Birch Lake 104  
No class March 1

## Non-School Day Activities

### American Red Cross Babysitting

#### Age 11 & older

Babysitter's Training has been newly revised by the American Red Cross with input from youth just like you. The course is fun and fast-paced with hands-on activities, exciting video, role plays and lively discussions. You'll learn to be the best babysitter on the block. Plus, you'll gain the confidence to make smart decisions and stay safe in any babysitting situation. Bring a lunch and baby doll.

- 2310.201 1 session Mon  
Jan 16 9-3:30 pm  
\$65  
Central Auditorium Atrium
- 2310.202 1 session Mon  
Jan 23 9-3:30 pm  
\$65  
Central Auditorium Atrium
- 2310.203 1 session Thu  
Mar 1 9-3:30 pm  
\$65  
Central Auditorium Atrium

### Monday Night Ski Day Trips

#### Grade 6-12

The Monday Night Ski and Snowboard Program for youth in the White Bear Lake Area School District. Sign up at Community Services.

#### Spirit Mountain

- Jan 16 8 am-8 pm  
Cost: \$57  
Rental: \$18

#### Trollhaugen

- Jan 23 9 am-5 pm  
Cost: \$47  
Rental:  
\$10 Ski/\$20 Snowboard