



Offering food and support to those living within the White Bear Lake Area School District

In need of food?

- **Regular Shopping:** Once a month appointments are available for households that reside within the White Bear School District. Clients do their own shopping and are able to choose from the following items: fresh produce, dairy, meat, bread and non-perishable pantry items. Regular Shopping hours are: M 4:30-7:00, T-W 11:30-2:00, Th 1:30-4:00, F 11:00-1:00.
- **Bonus Fridays:** Weekly appointments are available every Friday from 11:00-1:00 to pick-up fresh produce.
- **Weekend Food Program:** This program is for White Bear School District students who are enrolled in the School Meal program and receive Free or Reduced Meals. On Fridays students pick up a bag of food for the weekend. Parents or guardians can request a bag of food through their school office.

In need of other support?

- **Community Resources:** In addition to providing food, we also offer limited case management help clients connect to Supplemental Nutritional Assistance Program (SNAP), NAPS, WIC, Fare For All, and other community resources such as Energy Assistance, Health Care Navigators, and the N. St. Paul Workforce Center.

In compliance with ADA guidelines, upon request, we can make documents available in alternative formats.

Please call 651-407-5310 to make an appointment to receive food or for more information.

1884 Whitaker Street, White Bear Lake, MN 55115

www.whitebearfoodshelf.org

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